

# CROSSFIT 646 (TUCSON Location) 75 W. River Rd.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<i>Open Platforms/Gym 5-7am, 9am-1pm &amp; 4-8pm (except Friday night 4pm-7pm)</i>					<i>Open Platforms/Gym 7-9am &amp; 11am-1pm</i>	
5am CrossFit	5am CrossFit	5am CrossFit	5am CrossFit	5am CrossFit	7am CrossFit	9-11am Sunday Funday *FREE w/membership
6am CrossFit	6am CrossFit	6am CrossFit	6am CrossFit	6am CrossFit		
<i>Closed *Appt. only</i>					9-11 Competitor Team Training	
9am CrossFit	9am CrossFit	9am CrossFit	9am CrossFit	9am CrossFit	11am CrossFit	
<i>10am-12pm Open Platforms/Gym</i>					12pm CrossFit	
12pm CrossFit	12pm CrossFit	12pm CrossFit	12pm CrossFit	12pm CrossFit	12pm CrossFit	
<i>Closed *Appt. only</i>					<b>OPEN PLATFORMS/GYM RULES:</b> *Uses membership/sessions *646 Programming only *Classes have priority	
4pm CrossFit	4pm CrossFit	4pm CrossFit	4pm CrossFit	4pm CrossFit		
5pm CrossFit	5pm CrossFit	5pm CrossFit	5pm CrossFit	5pm CrossFit		
6pm CrossFit	6pm CrossFit	6pm CrossFit	6pm CrossFit	6pm CrossFit		
7pm CrossFit	7pm CrossFit	7pm CrossFit	7pm CrossFit	**Closed 7pm		