

# CROSSFIT 646 (TUCSON Location) 75 W. River Rd.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5am CrossFit	5am CrossFit	5am CrossFit	5am CrossFit	5am CrossFit		
6am CrossFit	6am CrossFit	6am CrossFit	6am CrossFit	6am CrossFit		
<i>Closed *Appt. only</i>						
					8am CrossFit	
9am CrossFit	9am CrossFit	9am CrossFit	9am CrossFit	9am CrossFit	9-11	9am CrossFit
<i>10am-12pm Open Platforms/Gym</i>					Competitor	<i>10-11am Sunday Funday *FREEw/membership</i>
					Team Training	
					11am CrossFit	
12pm CrossFit	12pm CrossFit	12pm CrossFit	12pm CrossFit	12pm CrossFit	12pm CrossFit	
<i>Closed *Appt. only</i>					<b>OPEN PLATFORMS/GYM RULES:</b> *Uses membership/sessions *646 Programming only *Classes have priority	
4pm CrossFit	4pm CrossFit	4pm CrossFit	4pm CrossFit	4pm CrossFit		
5pm CrossFit	5pm CrossFit	5pm CrossFit	5pm CrossFit	5pm CrossFit		
6pm CrossFit	6pm CrossFit	6pm CrossFit	6pm CrossFit	6pm CrossFit		
7pm CrossFit	7pm CrossFit	7pm CrossFit	7pm CrossFit	<i>**Closed 7pm</i>		

**Interested in becoming a member?**

**Come try a CrossFit class or schedule a time to meet with a CrossFit coach and see what Training at 646 is all about!**

Contact: [admin@crossfit646.com](mailto:admin@crossfit646.com)

***\*Discounts and membership information inside and on our website @WWW.CROSSFIT646.COM***

**GROUPS AND TEAMS @ CROSSFIT646:** 646 Cycling Group, 646 Olympic Weightlifting, CrossFit 646 Competitor Team, 646 Hiking Group, In- House Competitions, Local Competitions, Events & Challenges

**VISITING FROM OUT OF TOWN? \*\*Must have CrossFit experience! \*\*Please email to register for a class**

Drop-In 1-Class=\$20

Drop In 3-Classes=\$45

Drop-In Unlimited (1 Week) =\$60

Drop-In Unlimited (2 Weeks) =\$100