

CROSSFIT 646 (TUCSON Location) 75 W. River Rd.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5am CrossFit	5am CrossFit	5am CrossFit	5am CrossFit	5am CrossFit		
6am CrossFit	6am CrossFit	6am CrossFit	6am CrossFit	6am CrossFit		
Closed *Appt. only					7am CrossFit	
					8am CrossFit	
9am CrossFit	9am CrossFit	9am CrossFit	9am CrossFit	9am CrossFit	9-11 Competitor Team Training	9am CrossFit
10am-12pm Open Gym						11am CrossFit
12pm CrossFit	12pm CrossFit	12pm CrossFit	12pm CrossFit	12pm CrossFit	12pm CrossFit	
Closed *Appt. only					OPEN GYM RULES:	
3pm-4:30pm Open Gym	3pm-4:30pm Open Gym	3pm-4:30pm Open Gym	Closed *Appt. Only	3pm-4:30pm Open Gym	*Accessory work/Competitor training can be done during this time and class times.	
4:30pm CrossFit	4:30pm CrossFit	4:30pm CrossFit	4:30pm CrossFit	4:30pm CrossFit	*Uses 646 membership/sessions	
5:30pm CrossFit	5:30pm CrossFit	5:30pm CrossFit	5:30pm CrossFit	5:30pm CrossFit	*646 Programming only	
6:30pm CrossFit	6:30pm CrossFit	6:30pm CrossFit	6:30pm CrossFit	6:30pm CrossFit	*Classes have priority	

CROSSFIT 646 (NORTH Location) 8555 N. Silverbell Rd.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5am CrossFit	5am CrossFit	5am CrossFit	5am CrossFit	5am CrossFit		
6am CrossFit	6am CrossFit	6am CrossFit	6am CrossFit	6am CrossFit		
Closed *Appt. only					7am CrossFit	
					8am CrossFit	
9am CrossFit	9am CrossFit	9am CrossFit	9am CrossFit	9am CrossFit	9am CrossFit	9am CrossFit
Closed *Appt. only						10-11am Sunday Funday *FREE w/membership
4pm CrossFit	4pm CrossFit	4pm CrossFit	4pm CrossFit	4pm CrossFit	*Accessory work/Competitor training can be done during class times.	
5pm CrossFit	5pm CrossFit	5pm CrossFit	5pm CrossFit	5pm CrossFit	*Uses 646 membership/sessions	
6pm CrossFit	6pm CrossFit	6pm CrossFit	6pm CrossFit	6pm CrossFit	*646 Programming only	
					*Classes have priority	

Want to become a member? Come try a CrossFit class and meet with a Coach!

Schedule your trial class by Contacting: admin@crossfit646.com

MONTHLY AUTO-PAY PRICES (Scheduled for the 1st or 15th of the month)

* Prices are prorated from start date to 1st scheduled autopay. No initiation fees or startup costs.

Unlimited Sessions/Classes = **\$179.10**

13 Sessions/Classes = **\$143.10**

9 Sessions/Classes = **\$116.10**

DISCOUNTS ON AUTO-PAY PRICES (Can be combined up to 15%) *6 & 12 month discounts can be added to these discounts

5% Discount for Military, Veteran, 1st Responder (LEO, Fire, Border patrol) & Student

10-15% Discount for direct family (deducted out of the same account)

***PAY 6-MONTHS at a time get 10% OFF your monthly AUTO-PAY PRICE**

***PAY 12-MONTHS at a time get 15% OFF your monthly AUTO-PAY PRICE**

MEMBERSHIP DETAILS:

- * *Must Sign into Class*
- * *Weekly email with workouts/Program on them*
- * *Classes do not roll-over month-to-month*
- * *Add-On Class to auto-pay packages = \$10*
- * *Membership can be used at both locations (Tucson & North location!)*
- * *No long-term contracts! You can cancel, suspend, or change your agreement at any time.*
 - *Must be done before your auto-pay transaction date.*
 - *Suspensions will fall in line with your auto-pays (1st-1st or 15th-15th) and must have a "start-up" date*
 - *Does NOT apply to 6-Month and 12-month memberships*
- * *Flexible scheduling (Sign up for any class time & stay up to date on changes through our Scheduling APP)*
- * *Beyond the Whiteboard APP to track your workouts and help you prep for class. (Free w/membership)*

GROUPS AND TEAMS @ CROSSFIT646:

CrossFit 646 Competitor Team
646 Cycling Team (Seasonal)
646 Hiking Group (Seasonal)
In- House CrossFit Competitions
Local CrossFit Competitions
646 Events & Challenges
646 Olympic Weightlifting Team

FOUNDATIONS TRAINING FOR CROSSFIT:

- 3-SESSIONS= \$150 (45min, 1-on-1 sessions, scheduled like personal training)
- * Must have a membership set-up to do foundations
 - * if you need more instruction after foundations, prices will be at our normal personal training rates

PERSONAL TRAINING & SPORT PERFORMANCE: *Appointment only

1 session for 60 minutes= \$90
1 session for 45 minutes= \$75
1 session for 30 minutes= \$60

PERSONAL TRAINING PACKAGES *2-month expiration *5% Discount for setting up recurring payment

5 pack of sessions, \$5 off per session
10 pack of sessions, \$10 off per session
20 pack of sessions, \$15 off per session

VISITING FROM OUT OF TOWN? **Must have CrossFit experience!

Drop-In 1-Class=\$20 *Friend/Family of a 646 member \$10
Drop In 3-Classes=\$45
Drop-In Unlimited (1 Week)=\$60
Drop-In Unlimited (2 Weeks)=\$100
Drop-In Unlimited(1 Month)=\$180